

Please check if you or any other family members have experienced any of the following.

	Myself	Spouse/significant other	Child	My Parents
Abuse: _____ Emotional/Verbal _____ Physical _____ Sexual				
Domestic Violence				
Addictions (alcohol, drugs, prescription medication, gambling)				
Foster-care / CPS				
Adoption				
Divorce				
Significant trauma (natural disaster, war, combat, assault, accident)				
Serious injury or illness (cancer, diabetes, epilepsy, hospitalization)				
Homelessness				
Serious financial hardship (loss of home, bankruptcy, loss of business)				
Bullied or harassed				
Victim of crime (assault, burglary, theft, arson, auto-theft, robbery)				
Arrested for committed a crime				
Jail/prison				
Military - deployment, combat, injured/killed				
Dropped out of school				
Fired from job for disciplinary reasons and/or illegal activity				
Hospitalization for mental health reasons (suicidal, homicidal, psychosis, depression/bipolar)				

Any significant health issues for you or a loved one? Y _____ N _____ If yes, describe: _____

Have you ever had thoughts of suicide? Y _____ N _____ If so, when _____

Have you ever attempted suicide? Y _____ N _____ If so, when _____

Do you have any thoughts of suicide now? Y _____ N _____

Have you ever been hospitalized for a mental illness or suicidality? Y _____ N _____ If yes, when did this occur and what were the circumstances _____

Have you had any previous Therapy/Counseling? Y _____ N _____ If yes, describe, when, where, how long, what for: _____

On a scale of 1-10, with 10 being the best possible and 1 being the worst, rate the following: skip those that don't pertain to you.

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| School or work _____ | Appearance/how others perceive you _____ |
| Marriage / relationship _____ | Health and Wellness _____ |
| Hobbies/recreational _____ | Goals/plans - how your future looks _____ |
| Financial affairs _____ | Friendships/non-romantic relationships _____ |
| Self-confidence _____ | Overall how would you rate your life right now? _____ |

Thank you for taking the time to complete this questionnaire, I'm confident it will make our time together more meaningful and productive

